

ADHD, a Food-Induced Hypersensitivity Syndrome: in Quest of a Cause

**The effects of a restricted elimination diet (RED) on ADHD,
ODD and comorbid somatic complaints,
and a preliminary survey of the mechanisms of an RED**

Een wetenschappelijke proeve op het gebied van de
Medische Wetenschappen

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Chapter 1

General introduction



Chapter 2

Favourable effects of an elimination diet on the behaviour of young children with ADHD: an exploratory study

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Pelsser, L.M.J. & Buitelaar, J.K.

Gunstige invloed van een standaardeliminatie-dieet op het gedrag van jonge kinderen met
aandachtstekort-hyperactiviteitsstoornis (ADHD), een verkennend onderzoek.

Nederlands Tijdschrift voor Geneeskunde 2002;146:2543-47 (in Dutch).



Chapter 3

A randomised controlled trial into the effects of food on ADHD

Published as:

Pelsser LM, Frankena K, Toorman J, Savelkoul HF, Pereira RR, Buitelaar JK.

A randomised controlled trial into the effects of food on ADHD.

Eur child Adolesc Psychiatry 2009;18:12-19.



Chapter 4

Effects of food on physical and sleep complaints in children with ADHD: a randomised controlled pilot study

Published as:

Pelsser LM, Frankena K, Buitelaar JK, Rommelse NN.

Effects of food on physical and sleep complaints in children with ADHD:
a randomised controlled pilot study.

Eur J Pediatr 2010;169:1129-38.



Chapter 5

ADHD as a (non-)allergic hypersensitivity disorder: a hypothesis

Published as:

Pelsser LM, Buitelaar JK, Savelkoul HF.

ADHD as a (non) allergic hypersensitivity disorder: a hypothesis.

Pediatr Allergy Immunol 2009;20:107-112.



Chapter 6

Effects of a restricted elimination diet (RED) on the behaviour of children with attention-deficit hyperactivity disorder (INCA study): a randomised controlled trial

Published as:

Pelsser LM, Frankena K, Toorman J, Savelkoul HF, Dubois AE,
Rodrigues Pereira R, Haagen TA, Rommelse NN, Buitelaar JK.

Effects of a restricted elimination diet on the behaviour of children with attention-deficit hyperactivity disorder (INCA study): a randomised controlled trial.

Lancet 2011; 377: 494-503.



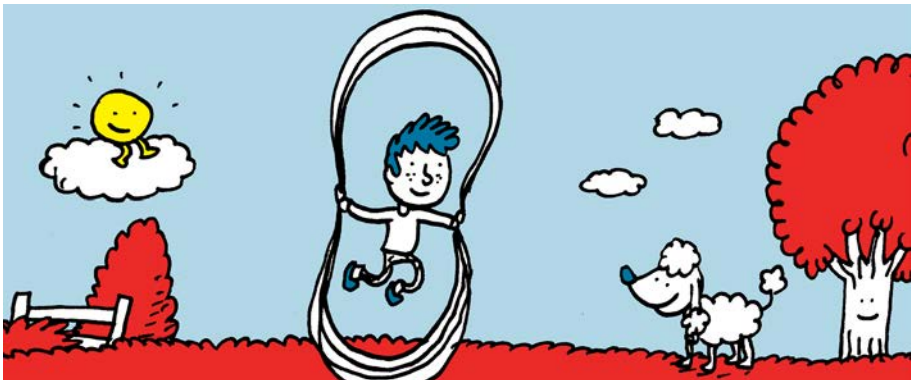
Chapter 7

Are the effects of a restricted elimination diet on ADHD and ODD mediated by changes in family structure: a further analysis of the INCA study

Submitted as:

Pelsser LM, van Steijn, DJ, Frankena K, Toorman J, Buitelaar JK, Rommelse NN.

Are the effects of a restricted elimination diet on ADHD and ODD mediated by changes
in family structure: a further analysis of the INCA study. 2011.



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